

THE INVESTIGATION OF THE LAKE WATER/GROUNDWATER INTERACTION IN THE HYPORHEIC ZONE OF A GROUNDWATER-DEPENDENT LAKE (LAKE PŁOTKI, POLAND)

MAGDALENA MATUSIAK ¹, MAREK MARCINIAK ², PAWEŁ OWSIANNY ³,
KRZYSZTOF DRAGON ¹

¹ Hydrogeology and Water Protection Research Unit, Institute of Geology, Adam Mickiewicz University, Poznań, Poland

² Hydrometry Research Unit, Institute of Physical Geography and Environmental Planning, Adam Mickiewicz University, Poznań, Poland

³ Nadnotecki Institute in Piła, Adam Mickiewicz University, Poznań, Poland

Manuscript received: March 5, 2025

Revised version: June 25, 2025

MATUSIAK M., MARCINIAK M., OWSIANNY P., DRAGON K., 2025. The investigation of the lake water/groundwater interaction in the hyporheic zone of a groundwater-dependent lake (Lake Płotki, Poland). *Quaestiones Geographicae* 44(3), Bogucki Wydawnictwo Naukowe, Poznań, pp. 111–122. 6 figs, 2 tables.

ABSTRACT: The article presents the investigation of vertical hydraulic gradients (VHGs) between surface water and groundwater in the hyporheic zone of Lake Płotki. The results indicate the presence of lake shoreline sections where groundwater recharges the lake (indicated by upwelling zones) and sections where lake water filtrates into the groundwater system (indicated by downwelling zones). The research indicates the occurrence of hyporheic exchange in the lake shoreline. The spatial extent of the upwelling and downwelling zones appears to depend on the groundwater circulation system and fluctuations in groundwater levels. The local geology was found to influence the boundary between the lake's recharge and discharge zones. The results presented significantly contribute to the investigation of the lake water/groundwater interaction and to the study of the lake system recharge and discharge conditions by groundwater. This is especially important in the regions where investigation of overall hydrogeological conditions (especially the groundwater flow pattern) is relatively poor. This research may have practical implications for the effective monitoring of water resources in the region.

KEYWORDS: lake recharge-discharge conditions, upwelling, downwelling, gradient metre

Corresponding author: Magdalena Matusiak; magdalena.matusiak@amu.edu.pl

Introduction

Lakes are significant surface water ecosystems that play an essential role in preserving biodiversity, carbon storage, water balance and recreation (Fluet-Chouinard et al. 2017). These water bodies serve as sensitive markers of climate change and anthropogenic pressure (Adrian et al. 2009),

with research indicating that around 53% of the world's largest lakes have declined significantly in recent decades (Yao et al. 2023). A growing number of studies provide evidence of significant and sustained declines in lake water levels worldwide (Fathian, Vaheddoost 2021, Soria, Apostolova 2022, Jiang et al. 2024), emphasising the global nature of this issue. The spatial and

temporal variability of lake water level changes was also found in Poland, with statistically significant decreasing long-term trends observed in several lakes (Wrzesiński, Ptak 2016, Choiński et al. 2020, Sojka et al. 2022).

Changes in lake water levels are controlled by a combination of natural and anthropogenic factors (Wu et al. 2021), including climate change, which is a significant driver of multidecadal lake level declines in various regions (Adrian et al. 2009, Woolway et al. 2020, Sojka et al. 2022, Paule-Mercado et al. 2024, Timoney 2024). These changes are caused by an increase in evaporation and air temperature, and a decrease in precipitation or runoff (Schulz et al. 2020, Timoney 2024). In addition, fluctuations in the groundwater level can affect the lake recharge (Paule-Mercado et al. 2024). Furthermore, excessive groundwater abstraction, leading to the lowering of groundwater levels and thus to the depletion of lake recharge, has been identified as a significant contributor to lake water level decline (Chaudhari et al. 2018, Schulz et al. 2020). Given the importance of groundwater in recharging lakes, it is essential to investigate the relationship between these elements thoroughly to manage the region's water resources effectively and prevent potential lake water level declines.

Lakes are an integral part of the groundwater flow system. In the regional flow system (Fetter 1994), it is a general expectation that topographical elevations (upland regions) contribute to a lake recharge, whilst topographic lows (e.g. regional river valleys) act as a lake water discharge area. However, in local flow systems, the interaction of lake water and groundwater is more complicated due to fluctuations in surface water and groundwater levels (Winter 1999) or differences in geological structure and groundwater flow conditions.

Studies of lake water/groundwater interactions typically use point hydrodynamic measurements with piezometers or monitoring wells (Kidmose et al. 2011, Rudnick et al. 2015). Field measurements of conservative chemical, isotopic or thermal tracer tests (Rautio, Korkka-Niemi 2015, Keim et al. 2019, Santos Correa et al. 2022) are also commonplace to provide insights into the complex hydrological exchange between surface and groundwater.

The presented study shows the application of a gradient metre (Marciniak, Chudziak 2015) to

determine the vertical hydraulic gradient (VHG) between the surface water and groundwater in the hyporheic zone, in which a common mixing of surface water and groundwater takes place (Boulton et al. 1998), and steep VHGs are observed (Battin et al. 2003, Smith 2005). The device allows point measurements of the pressure differences between surface water and groundwater in the hyporheic zone, indicating the direction of water filtration through the lake bottom sediments. Thus, it identifies zones where surface water is recharged by groundwater (upwelling zones, upward water filtration) and zones where surface water is discharged into the surrounding groundwater system (downwelling zones, downward water filtration). Such measurements have been successfully applied to identify the spatial distribution of upwelling and downwelling zones in the hyporheic zone of a river (Marciniak et al. 2022). In this study, a gradient metre was used to identify upwelling and downwelling zones in the standing waters of a lake.

The survey represents hydrogeological research performed in a region of Lake Płotki, which is experiencing a systematic decline in the water levels, as evidenced by a reduction in its shoreline (Kowalczak et al. 2014). Hence, research has been conducted to determine the lake water/groundwater interaction. The specific study aims are:

- a) the investigation of VHGs in the lake shoreline with the use of the gradient metre,
- b) the identification of the lake shoreline zones where the lake is recharged by groundwater (upwelling zones) and the lake shoreline zones where the lake water filtrates into the groundwater system (downwelling zones),
- c) recognition of periodic variation in the extent of upwelling and downwelling zones.

The study area

The lake is located within the Gwda sandur, an extensive outwash plain bordered by a moraine upland to the east and the valley of the Gwda River to the west. The lake was formed in the central part of the land depletion associated with the presence of a deep subglacial tunnel (Chmal 2006, Bartczak 2011) (Fig. 1).

Lake Płotki is situated 4 km east of the city of Piła in northwest Poland. The region is part of the

Wielkopolska province, a water-scarce area with one of the lowest precipitation and highest air temperatures in Poland (Nowak, Ptak 2018). The lake is situated in a forest complex. It has an area of 31 ha, a maximum depth of 23.9 m and an average depth of 10.8 m (Choiński 2006). Currently, Lake Plotki is an endorheic lake of the evapotranspirational type (Adamski 2003).

The lake is a mesotrophic reservoir with moderate nutrient content, where a population of strictly protected species (e.g. *Chara aspera*) occurs. The area of the lake and its surroundings are protected under the Natura 2000 programme, the 'Ostoja Pilska' area with code PLH300045

(Owsianny, Gąbka 2009, Journal of Laws 2023), due to the presence of natural habitats, species covered by the Directive on the Conservation of Natural Habitats and of Wild Fauna and Flora (European Commission: Directorate-General for Environment, Ecosystems Ltd, Sundseth 2015) and for its ecological value. Whereas in the lake, the natural habitat 3140 – Hard-water oligo- and mesotrophic pools with submerged meadows of *Charatea brachiopods* is protected. The lake is also used for recreational purposes, with a sports and recreation centre located in its southern part.

During the period covered by the study, there was no system for measuring water levels in Lake

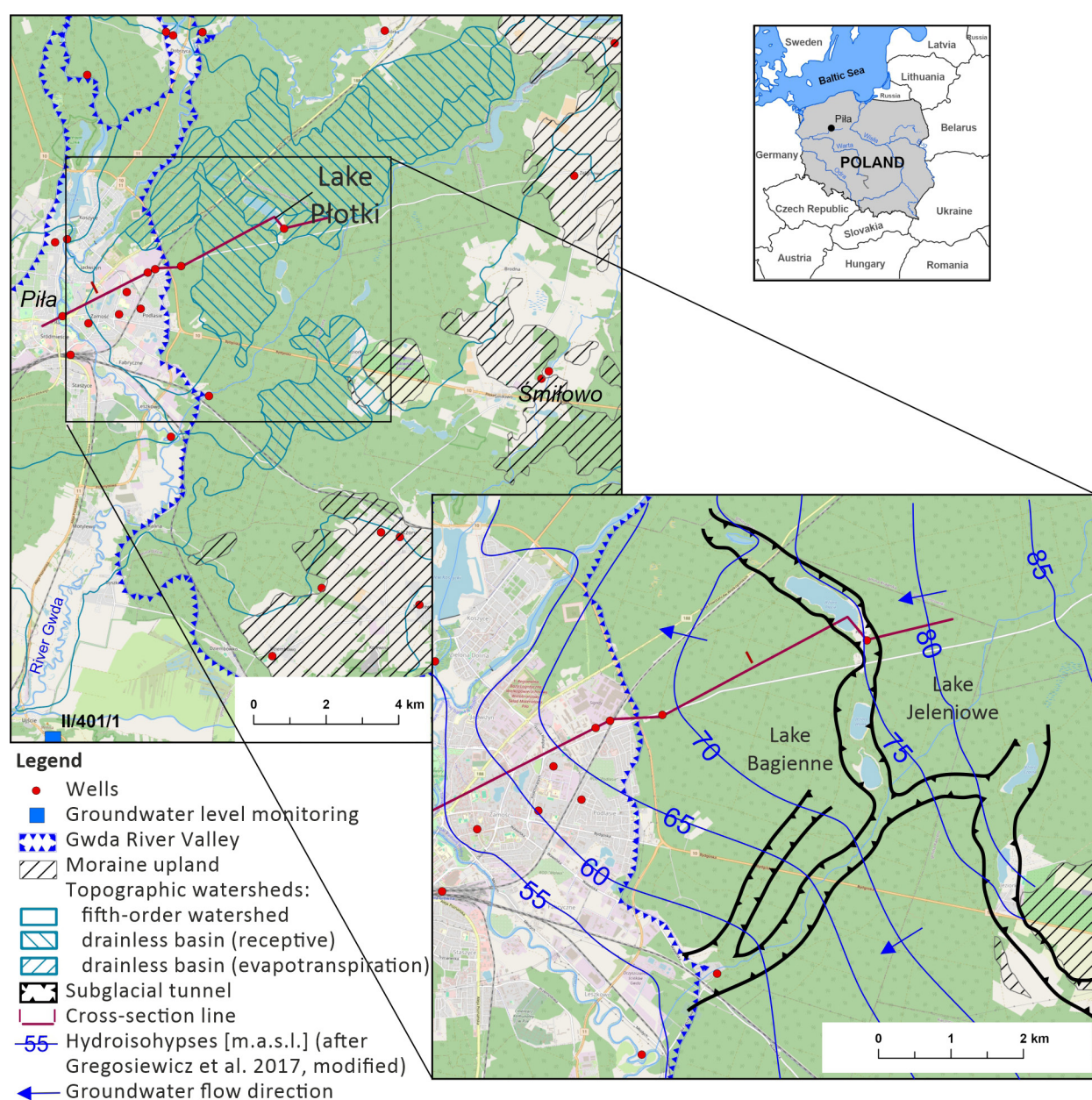


Fig. 1. Location map of the study area.

Plotki. The systematic water level measurement has been performed since 2024. According to the 2022 Numerical Terrain Model (Geoportal 2024), the shoreline elevation of Lake Plotki, and thus the approximate water level, was 74.6 m a.s.l. Three other lakes are located within the subglacial tunnel: Lake Okoniowe (to the northwest), with a shoreline elevation of 68.3 m a.s.l. and Lakes Jeleniowe and Bagienne (to the southeast), with shoreline elevations of 72.7 m a.s.l. and 72.2 m a.s.l., respectively (Fig. 1).

The hydrogeological conditions of the Lake Plotki area are poorly recognised due to an insufficient number of boreholes documenting the geological structure and groundwater levels near the lake (Fig. 1). There are three Pleistocene aquifers in this area (Fig. 2). The upper aquifer (unconfined) comprises fine-grained sands forming the outwash plain. The thickness of this aquifer does not exceed 10 m, but in the subglacial tunnel, it increases to >25 m. Given the erosional genesis of the subglacial tunnel and the fluvio-glacial genesis of the sediments filling it, it can be assumed that the permeability of the sediments forming this geological structure is even better than the sediments forming the surrounding outwash plain. The deep indentation of the lake (23.9 m) into these highly permeable sediments ensures generally good hydraulic contact of the upper aquifer with surface water. The middle aquifer is formed by interglacial coarse-grained sands with a thickness of 20 m to the west of Lake Plotki and probably <5 m to the east. This aquifer is often hydraulically connected to the upper aquifer, particularly in the subglacial tunnel and in the Gwda River valley (Fig. 2). The lower aquifer (intertill), with a thickness of >20 m, is generally separated from the middle aquifer by a layer of glacial tills or mud of unknown thickness in the area of Lake Plotki (Fig. 2).

The middle and the lower aquifers are used for municipal and industrial purposes at a distance of 4–9 km from Lake Plotki (in the city of Piła and the village of Śmiłowo, Fig. 1), whilst the upper aquifer is abstracted seasonally in the summer (0.25 km south of the lake) to supply the local recreation centre.

Older aquifers are also found deeper underground (Miocene, Jurassic). These aquifers may be connected to the Pleistocene aquifers outside

the study area (Kotowski, Kachnic 2016, Jamorska et al. 2019).

Lake Plotki is situated in a groundwater flow-through zone (Fig. 1). According to Gregosiewicz et al. (2017), groundwater flows from the regional recharge area, situated in the moraine upland (east of the lake), to the regional discharge area, located in the Gwda River valley (west of the lake).

Based on geological assumptions (Fig. 2), it can be expected that most of the groundwater recharge to Lake Plotki comes from the shallowest aquifer, with the lowest water level usually in the autumn and the highest in the spring (Fig. 3). Seepage from the lower intertill aquifer may also contribute to the recharge of the lake. However, the hydrogeological borehole near the lake is too shallow to identify the groundwater level of this aquifer; thus, its contribution to the lake recharge is impossible to determine.

Determining the interactions between the lake surface water and groundwater is difficult due to the fact that the nearest monitoring piezometer (II/401/1, Fig. 3) is located in the Gwda River valley, 15 km southwest of Lake Plotki (Fig. 1).

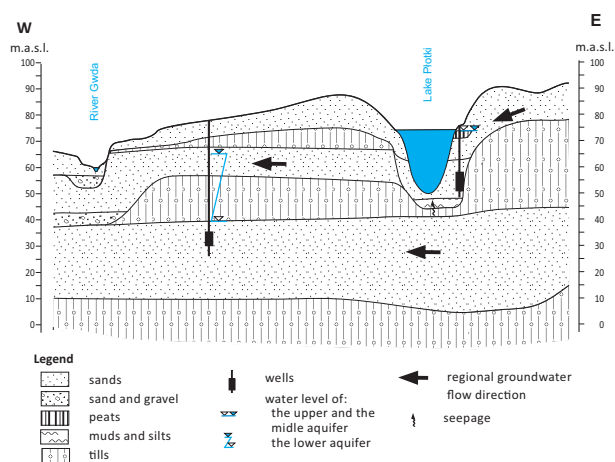


Fig. 2. Cross-section illustrating a scheme of hydrogeological conditions in the area of Lake Plotki.

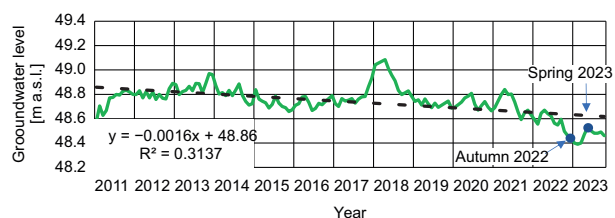


Fig. 3. Groundwater levels in piezometer no. II/401/1 (PIG-PIB 2024).

Materials and methods

The VHG surveys were conducted in the hyporheic zone along Lake Plotki's shoreline to investigate the lake's recharge and discharge conditions and their variability during lower and higher groundwater levels. The measurements were carried out using a gradient metre, a device constructed at Adam Mickiewicz University in Poznań, Poland (Marciniak, Chudziak 2015, Marciniak et al. 2022). The gradient metre provides an *in situ* test to evaluate VHGs; thus, it indicates the water flow direction in the hyporheic zone. The device is suitable for testing VHGs in sandy and gravelly bed sediments of surface

waters. It must be driven vertically into the lake's bottom sediments, taking care to minimise disturbance to the sediment structure around the device. It consists of two measuring tubes, one ending with a mini-screen (groundwater level (H_{Gw}) measuring tube) pushed into the lake bed to a depth of $\Delta l = 0.2$ m and the other (lake water level (H_L) measuring tube) freely submerged in the lake (Figs 4A, 4B). The H_{Gw} and H_L are measured, with an accuracy of 1 mm, after the differential pressure (Δh_{up} for upwelling or Δh_{down} for downwelling) in the tubes has stabilised (Figs 4A, 4B), which usually takes a few minutes. Readings of H_{Gw} and H_L are manual. VHGs are calculated by dividing Δh_{up} or Δh_{down} by Δl . A higher H_L than

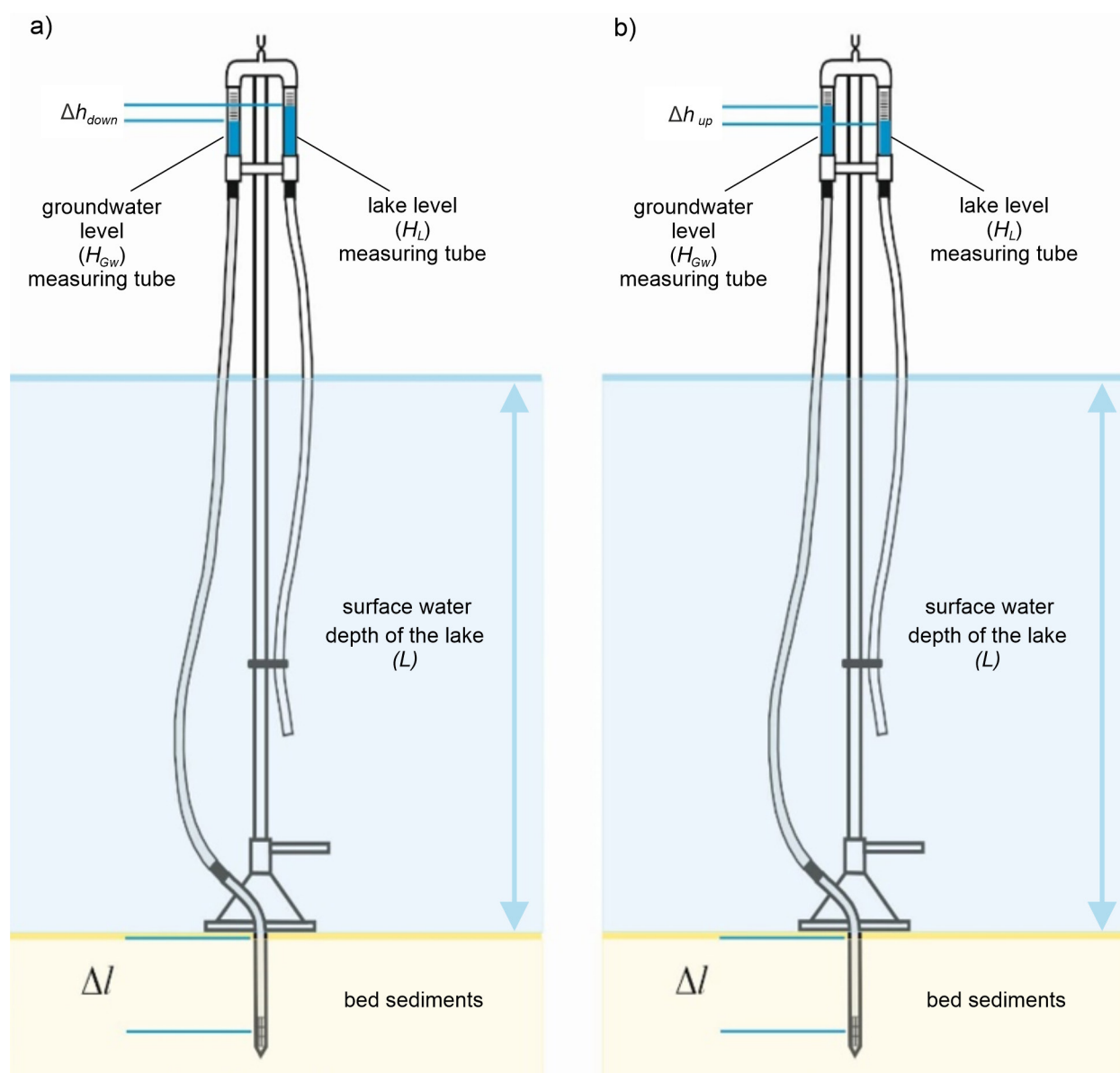


Fig. 4. Gradient metre readings: A – under downwelling; B – under upwelling.

allow the determination of whether the zone was upwelling or downwelling.

In the second measuring campaign (19-05-2023), the extent of the upwelling zone increased to 1.5 km (P30–P34 and P39–P42) and the extent of the downwelling zone shortened to 1.4 km (P35–P38). A change in flow directions (from

downwelling to upwelling) was found in the northwestern and southeastern shoreline sections (P23–P25 and P08–P14), as indicated by VHGs values at points P32, P33, P34 and P39–P40 (Fig. 5B). Statistical parameters indicate a higher variability of VHGs in the second measurement campaign. The coefficient of variation for VHGs measured in autumn 2022 (at 29 points) was almost 60%, whilst for spring 2023 (at 13 points) it was >90% (Table 2). The higher changeability of VHGs in spring 2023 may be the reason for the significant shortening of the transition zone and, consequently, its failure to be captured by VHG measurements in this campaign.

The statistical characteristics of the VHG measurements for both measuring campaigns (Table 2) also indicate that in both campaigns, the absolute values of average upwelling gradients ($2.22 \cdot 10^{-2}$ and $2.72 \cdot 10^{-2}$) were smaller than the average gradients of downwelling ($2.48 \cdot 10^{-2}$ and $2.88 \cdot 10^{-2}$). Similar changes indicate the median calculations.

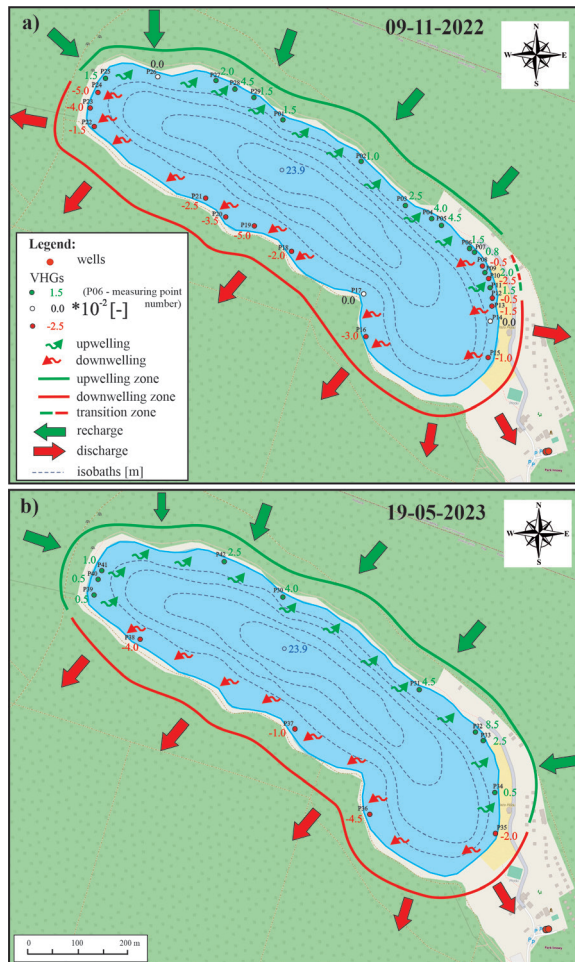


Fig. 5. Spatial distribution of VHGs in the Lake Plotki shoreline zone: A – in November 2022; B – in May 2023. Isobaths according to Jańczak (1996). VHGs, vertical hydraulic gradients.

Discussion

Recognising the extent of downwelling and upwelling in the hyporheic zone of Lake Plotki allows us to indicate the zones where the lake is recharged by groundwater (lake's recharge) and the zones where lake water filtrates into the groundwater system (lake's discharge).

The presence of upwelling zones (generally in the northeastern section of the lake's shoreline) indicates parts of the lake system where the lake's recharge occurs, whilst the presence of downwelling zones (generally in the southwestern sections of the lake's shoreline) indicates parts of the lake system where the lake's discharge occurs (Fig. 5). The general orientation of

Table 2. Statistical characteristics of the vertical hydraulic gradient (VHG) measurements.

Hyporheic exchange	N		VHG [-]					
	[-]	[%]	MIN	AV	MD	MAX	SD	V
09-11-2022								
Upwelling	13	44.8	0.008	0.022	0.015	0.045	0.012	55.8%
Neutral	3	10.8						
Downwelling	13	44.8	-0.050	-0.025	-0.023	-0.005	0.015	-59.6%
19-05-2023								
Upwelling	9	69.2	0.005	0.027	0.025	0.085	0.025	91.7%
Neutral	0	0						
Downwelling	4	30.8	-0.045	-0.029	-0.030	-0.010	0.014	-49.8%

these zones is influenced by regional hydrogeology, particularly the distribution of the regional recharge and the discharge areas, which determines the groundwater flow directions (Smith, Townley 2002). The orientation of the upwelling zone towards the regional recharge area in the moraine upland and the downwelling zone towards the Gwda River valley (Fig. 5) indicates that Lake Plotki is a flow-through lake in the regional groundwater flow system (Fetter 1994, Smith, Townley 2002). This pattern is consistent with the distribution of the lake's recharge and discharge zones, often documented in the literature for groundwater-dependent lakes (Kidmose et al. 2011, Rudnick et al. 2015).

On the local scale, periodical changes in the direction of water flow in the lake hyporheic zone (from upwelling to downwelling) indicate parts of the lake system that are most sensitive to changes in hydrological and hydrogeological conditions. These are located in the northwestern and southeastern sections of the shoreline, where the subglacial tunnel occurs (Fig. 1). This deep geological structure may have a significant impact on groundwater circulation conditions (Dobrcka, Lewandowski 2002). In periods when these zones undergo a periodic transition from the lake's recharge to the lake's discharge, this tunnel may provide a preferential underground flow path for water discharged from Lake Plotki towards neighbouring Lakes Jeleniowe and Bagienne and Lake Okoniowe. This hypothesis is supported by the highest shoreline elevation of Lake Plotki compared to other lakes in the tunnel (Geoportal 2024), which suggests that a local watershed (not detectable on a regional scale, Fig. 1) may periodically form in the area of Lake Plotki.

The configuration of the downwelling and upwelling zones found from the gradientmetric measurements indicates that, in parts of the Lake Plotki shoreline located in the section where the subglacial tunnel occurs (Fig. 1), the lake's discharge takes place mainly during lower levels of groundwater (as in November 2022).

The research indicates the occurrence of hyporheic exchange in the lake shoreline. The presented results allow for the development of the conceptual model of the hyporheic exchange in the shoreline of the lake located in the flow-through zone of the regional groundwater flow

system (Fig. 6). This model is slightly different from models often presented for rivers, in which the hyporheic flow is usually distinguished from groundwater due to its bidirectional nature (Boano et al. 2014).

The model proposed in this study assumes that in zones of constant upwelling and downwelling, positioned perpendicularly to the regional groundwater flow direction, a unidirectional water exchange (to or from the lake, Fig. 6A-A) dominates, resulting from the flow-through character of the lake in the regional groundwater flow system. Different water circulation occurs in the parts of the lake shoreline located in the subglacial tunnel situated perpendicular to the regional groundwater flow direction. In these zones, a bidirectional water exchange dominates (Fig. 6B-B) as a consequence of a periodic change from downwelling (as in the autumn 2022, at lower groundwater levels) to upwelling during the rise in groundwater levels (as in spring 2023), making the lake recharge more effective.

These dominating flow directions, presented in the diagram (Fig. 6), may be locally disturbed, for example, by uneven bottom sediments (Packman, Salehin 2003, Song et al. 2016, Busato et al. 2019), obstructing materials deposited on the lake bottom (rocks, wood fragments) or underwater plants (Tonina, Buffington 2007, Swanson, Bayani Cardenas 2010, Marzadri et al. 2016, Marttila et al. 2019). Such disturbances may also be caused by ripples on the lake surface, resulting from stronger winds or motorboats (Roche et al. 2018), as well as fish penetrating

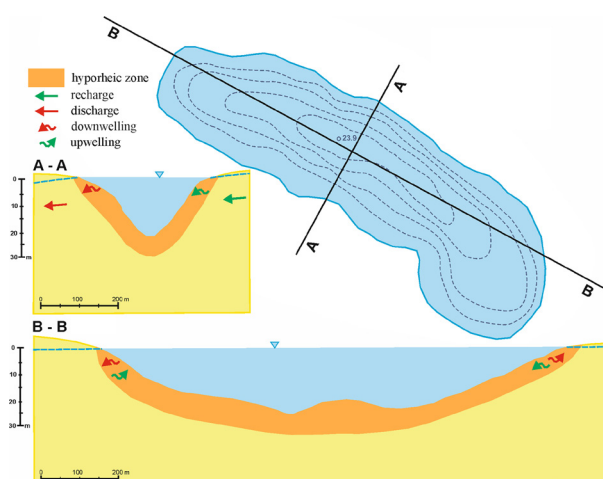


Fig. 6. Conceptual model of the hyporheic zone functioning in the shoreline of Lake Plotki.

bottom sediments in search of food (Mugnai et al. 2015), groundwater abstraction (Kotowski et al. 2023) or even the phenomenon of the lake bed sediments fluidisation noticed by scuba divers in Lake Plotki.

The presented gradient metre-based studies of the lake hyporheic zone allow the qualitative assessment of the lake's recharge and discharge conditions. A comparison of the results from both measuring campaigns indicates that in spring 2023, the conditions for recharging the lake were more favourable than in autumn 2022. This is confirmed by the lengthening of the upwelling zone (from 1.1 km in autumn 2022 to 1.4 km in spring 2023) and the concurrent shortening of the downwelling zone (from 1.7 km to 1.5 km, respectively). This is consistent with findings in the literature (Liu et al. 2022). However, the higher average gradients of downwelling than the gradients of upwelling may indicate that the lake's discharge prevailed over its recharge in both measuring campaigns. Prolonged maintenance of these conditions can lead to a decline in the lake water level, especially during droughts.

All these observations show that measuring the variability of VHGs can accurately determine the lake's recharge and discharge conditions, as the hyporheic zone is a very sensitive indicator of water flow directions. It is worth noting that using a gradient metre may be advantageous over other hydraulic methods (e.g. measurements in piezometers or wells), as it allows for the determination of the pressure difference between surface water and groundwater in the hyporheic zone. This gives an indication of the extent of the lake's recharge and discharge zones without knowing the absolute level of water in the lake and groundwater. The application of these studies may have practical implications as a basis for identifying the location of boreholes for environmental monitoring or calibrating numerical models of groundwater flow. Therefore, the presented method is recommended as a preliminary step in the lake recharge studies, especially in the case of relatively poor recognition of the hydrogeological conditions.

However, it should be emphasised that to quantitatively assess the lake's recharge and discharge, more detailed investigations of the hydrogeological conditions are required. The investigation should involve the identification

of the aquifers/aquitard geometry and their hydraulic properties, as well as the investigation of the groundwater flow pattern (Nield et al. 1994, Townley, Trefry 2000).

Conclusions

The investigation of the upwelling and downwelling zones in the hyporheic zone of Lake Plotki, performed with the use of the gradient metre, allows us the recognition of the interaction of the surface water/groundwater interaction in the conditions of a lack of detailed investigation of the surface and groundwater levels.

The research confirms the assumption of the lake flow-through character in a groundwater flow system. The constant upwelling in the lake hyporheic zone indicates lake recharge by groundwater inflow, whilst the constant downwelling zone indicates lake water filtration into the groundwater system. Moreover, the research indicates the creation of the local watershed, which facilitates the seepage of water from the lake to the groundwater system. The periodic changes in the upwelling/downwelling zones were documented. The extent of the upwelling zone in the period of lower water level (autumn 2022) was significantly lower than the extent of the downwelling zone. In the periods of lower groundwater level occurring more and more often in the last decades, these conditions may contribute to a gradual decrease in the water level in the lake. This situation may be the result of both hydrological changes and excessive groundwater exploitation in the region.

The present gradient metre-based studies of the lake hyporheic zone allow the formulation of the conceptual model of surface/groundwater interaction in the case of a flow-through lake situated in the regional groundwater flow system. Such models are most often presented for rivers or streams in the literature, whereas hyporheic zones of standing water are rarely studied.

The studies showed that the gradient metre can be used in the investigation of the upwelling and downwelling of the lake's hyporheic zone. The high sensitivity of the device ensures that it can operate at low hydraulic gradients, which may occur in the area of flow-through lakes. Limitations include organic sediments or rocky

lake bottoms that preclude placing the device on the lake bottom.

The results presented make a significant contribution to the investigation of the water balance in the lake system, especially in the context of lake recharge by groundwater because they provide crucial ideas for designing a hydrosphere monitoring network in the lake area. This is especially important in the regions where the overall investigation of hydrogeological conditions (especially groundwater flow patterns) is relatively scarce.

Funding

The research was funded as part of the first stage of the project 'Restoration of water resources from the Noteć River catchment area in the Piła Municipal Functional Area – Restoration of water resources from Lake Płotki', financed by Miejskie Wodociągi i Kanalizacja Sp. z o.o. in Piła – a company of the City of Piła.

Author's contribution

M. Marc., M. Mat., K.D., conceptualisation; M. Marc., methodology; M. Marc., M. Mat., K.D., P.O., field sampling; M. Mat., M. Marc, K.D., writing, review, editing; K.D., P.O. – project administration.

Acknowledgements

We would like to express our gratitude to Miejskie Wodociągi i Kanalizacja Sp. z o.o. in Piła – a company of the City of Piła, for their financial support for our research. The authors also thank the anonymous reviewers for their insightful comments on the original version of the article.

References

- Adamski Z., 2003. *Mapa Hydrograficzna Polski w skali 1:50 000, Arkusz Krajenka*. Główny Urząd Geodezji i Kartografii, Warsaw.
- Adrian R., O'Reilly C., Zagarese H., Baines S., Hessen D., Keller W., Livingstone D.M., Sommaruga R., Straile D., Van Donk E., Weyhenmeyer G., Winder M., 2009. Lakes as sentinels of climate change. *Limnology and Oceanography* 54: 2283–2297. DOI 10.4319/lo.2009.54.6_part_2.2283.
- Bartczak E., 2011. *Szczegółowa Mapa geologiczna Polski 1:50 000, arkusz Krajenka nr 0275*. Państwowy Instytut Geologiczny Państwowy Instytut Badawczy, Warsaw.
- Battin T.J., Kaplan L.A., Newbold J.D., Hendricks S.P., 2003. A mixing model analysis of stream solute dynamics and the contribution of a hyporheic zone to ecosystem function. *Freshwater Biology* 48: 995–1014. DOI 10.1046/j.1365-2427.2003.01062.x.
- Boano F., Harvey J.W., Marion A., Packman A.I., Revelli R., Ridolfi L., Wörman A., 2014. Hyporheic flow and transport processes: Mechanisms, models, and biogeochemical implications. *Reviews of Geophysics* 52: 603–679. DOI 10.1002/2012RG000417.
- Boulton A.J., Findlay S., Marmonier P., Stanley E.H., Vallett H.M., 1998. The functional significance of the hyporheic zone in streams and rivers. *Annual Review of Ecological, Evolution, and Systematics* 29: 59–81. DOI 10.1146/annurev.ecolsys.29.1.59.
- Busato L., Boaga J., Perri M., Majone B., Bellin A., Cassiani G., 2019. Hydrogeophysical characterization and monitoring of the hyporheic and riparian zones: The Vermigliana Creek case study. *The Science of the Total Environment* 648: 1105–1120. DOI 10.1016/j.scitotenv.2018.08.179.
- Chaudhari S., Felfelani F., Shin S., Pokhrel Y., 2018. Climate and anthropogenic contributions to the desiccation of the second largest saline lake in the twentieth century. *Journal of Hydrology* 560: 342–353. DOI 10.1016/j.jhydrol.2018.03.034.
- Chmal R., 2006. *Szczegółowa Mapa geologiczna Polski 1:50 000, arkusz Krajenka nr 0275*. Państwowy Instytut Geologiczny Państwowy Instytut Badawczy, Warsaw.
- Choiński A., 2006. *Katalog jezior Polski* (Catalogue of Polish lakes). Wydawnictwa Naukowe UAM, Poznań.
- Choiński A., Jańczak J., Ptak M., 2020. Wahania poziomów wody jezior w Polsce w latach 1956–2015 (Water-level fluctuations in Polish lakes in the 1956–2015 period). *Przegląd Geograficzny* 92(1): 41–54. DOI 10.7163/PrzG.2020.1.3.
- Dobracka E., Lewandowski J., 2002. Strefa marginalna fazy pomorskiej lobu Parsęty (Pomorze Środkowe). In: Dobracki R., Lewandowski J., Zielinski T. (eds), *Plejstocen Pomorza Środkowego i strefa marginalna lobu Parsęty – IX Konferencja „Stratygrafia plejstocenu Polski*. Państw. Inst. Geol. Oddz. Pom. w Szczecinie i Uniwersytet Śląski, Sosnowiec: 109–121.
- European Commission: Directorate-General for Environment, Ecosystems Ltd, Sundseth K., 2015. *The EU birds and habitats directives – For nature and people in Europe*. Publications Office. Online: data.europa.eu/doi/10.2779/49288 (accessed 10 April 2024).
- Fathian F., Vaheddoost B., 2021. Modeling the volatility changes in Lake Urmia water level time series. *Theoretical and Applied Climatology* 143: 61–72. DOI 10.1007/s00704-020-03417-8.
- Fetter C.W., 1994. *Applied hydrogeology*, 3rd Edn. Macmillan College Publishing Company Inc., New York.
- Fluet-Chouinard E., Messager M.L., Lehner B., Finlayson C.M., 2017. Freshwater lakes and reservoirs. In: Finlayson C., Milton G.R., Prentice R., Davidson N. (eds), *The wetland book*. Springer, Dordrecht: 125–141. DOI 10.1007/978-94-007-4001-3.
- Geoportal, 2024. [Geoportal for spatial information infrastructure]. In: *the 2022 Numerical Terrain Model*. Online: <https://mapy.geoportal.gov.pl/wss/service/PZGIK/>

- NMT/WMS/SkorowidzeUkladEVRF2007 (accessed 25 June 2025).
- Gregosiewicz R., Włostowski J., Góralska M., 2017. *Baza danych GIS Mapy hydrogeologicznej Polski 1:50 000, Pierwszy poziom wodonośny występowanie i hydrodynamika, arkusz Krajenka nr 0275*. Państwowy Instytut Geologiczny, Warszawa.
- Jamorska I., Kubiak-Wójcicka K., Krawiec A., 2019. Dynamics of the status of groundwater in the Polish Lowland: The river Gwda catchment example. *Geologos* 25(3): 193–204. DOI 10.2478/logos-2019-0021.
- Jańczak J. (ed.), 1996. *Atlas jezior Polski Tom 1*. Bogucki Wydawnictwo Naukowe, Poznań.
- Jiang W., Dai Z., Mei X., Long C., Binh N.A., Van C.M., Cheng J., 2024. Profiling dynamics of the Southeast Asia's largest lake, Tonle Sap Lake. *The Science of the Total Environment* 917: 170444. DOI 10.1016/j.scitotenv.2024.170444.
- Journal of Laws, 2023. *Regulation of the Minister of Climate and Environment of 9 October 2023 on the special habitat protection area Ostoja Pilska (PLH300045)*. Journal of Laws 2023, item 2290. Online: isap.sejm.gov.pl/isap.nsf/DocDetails.xhtml?id=WDU20230002290 (accessed 10 April 2024).
- Keim C., Mehler F., Wolf T., Gilfedder B., 2019. Mapping spatial patterns of groundwater discharge in a deep lake using high-resolution temperature sensors. *Inland Waters* 9: 334–344. DOI 10.1080/20442041.2019.1609859.
- Kidmose J., Engesgaard P., Nilsson B., Laier T., Looms M.C., 2011. Spatial distribution of seepage at a flow-through lake: Lake Hampen, western Denmark. *Vadose Zone Journal* 10(1): 110–124. DOI 10.2136/vzj2010.0017.
- Kotowski T., Kachnic M., 2016. The geochemical study of groundwaters from Cenozoic aquifers in the Gwda catchment (Western Pomerania, Poland). *Environmental Earth Sciences* 75: 192. DOI 10.1007/s12665-015-4962-x.
- Kotowski T., Najman J., Nowobilska-Luberda A., Bergel T., Kaczor G., 2023. Analysis of the interaction between surface water and groundwater using gaseous tracers in a dynamic test at a riverbank filtration intake. *Hydrological Processes* 37(4): 14862. DOI 10.1002/hyp.14862.
- Kowalczak P., Graczyk D., Głowski P., Józefczyk D., 2014. *Koncepcja powstrzymania degradacji sieci hydrograficznej kompleksu jezior Okoniowe-Płotki-Jeleniowe-Bagienne w Pile oraz przyległych obszarów wodno-błotnych*. Kunke poligrafia Sp. z o.o., Inowrocław.
- Liu B., Li Y., Jiang W., Chen J., Shu L., Liu J., 2022. Understanding groundwater behaviors and exchange dynamics in a linked catchment-floodplain-lake system. *The Science of the Total Environment* 853: 158558. DOI 10.1016/j.scitotenv.2022.158558.
- Marciniak M., Chudziak Ł., 2015. A new method of measuring the hydraulic conductivity of the bottom sediment. *Przegląd Geologiczny* 63: 919–925.
- Marciniak M., Ziulkiewicz M., Górecki M., 2022. Variability of water exchange in the hyporheic zone of a lowland river in Poland based on gradientometric studies. *Quaestiones Geographicae* 41: 141–156. DOI 10.2478/qua-geo-2022-0030.
- Marttila H., Tammela S., Mustonen K.R., Louhi P., Muotka T., Mykrä H., Kløve B., 2019. Contribution of flow conditions and sand addition on hyporheic zone exchange in gravel beds. *Hydrology Research* 50(3): 878–885. DOI 10.2166/nh.2019.099.
- Marzadri A., Tonina D., Bellin A., Valli A., 2016. Mixing interfaces, fluxes, residence times and redox conditions of the hyporheic zones induced by dune-like bedforms and ambient groundwater flow. *Advances in Water Resources* 88: 139–151. DOI 10.1016/j.advwatres.2015.12.014.
- Mugnai R., Messina G., Di Lorenzo T., 2015. The hyporheic zone and its functions: Revision and research status in Neotropical regions. *Brazilian Journal of Biology* 75(3): 524–534. DOI 10.1590/1519-6984.15413.
- Nield S., Townley L., Barr A., 1994. A framework for quantitative analysis of surface water-groundwater interaction: Flow geometry in a vertical section. *Water Resources Research* 30: 2461–2475. DOI 10.1029/94WR00796.
- Nowak B., Ptak M., 2018. Potential use of lakes as a component of small retention in Wielkopolska. *E3S Web of Conferences* 44: 00127. DOI 10.1051/e3sconf/20184400127n.
- Owsianny P.M., Gąbka M., 2009. Rynna Jezior Kuźnickich (w tym rezerwat przyrody „Kuźnik”) – cenny fragment specjalnego obszaru ochrony siedlisk Natura 2000 „Ostoją Pilska”. In: Owsianny P.M. (ed.), *Rynna Jezior Kuźnickich i rezerwat przyrody Kuźnik – bioróżnorodność, funkcjonowanie, ochrona i edukacja*. The Stanisław Staszic Museum, Piła: 5–23.
- Packman A.I., Salehin M., 2003. Relative roles of stream flow and sedimentary conditions in controlling hyporheic exchange. *Hydrobiologia* 494: 291–297. DOI 10.1023/A:1025403424063.
- Paule-Mercado M.C., Rabaneda-Bueno R., Porcal P., Kopacek M., Huneau F., Vystavna Y., 2024. Climate and land use shape the water balance and water quality in selected European lakes. *Scientific Reports* 14:8049. DOI 10.1038/s41598-024-58401-3.
- PIG-PIB [Państwowy Instytut Geologiczny – Państwowy Instytut Badawczy], 2024. *Rocznik Hydrogeologiczny Państwowej Służby Geologicznej*. Online: www.pgi.gov.pl/psh/materialy-informacyjne-psh/rocznik-hydrogeologiczny-psh.html (accessed 10 April 2024).
- Rautio A., Korkka-Niemi K., 2015. Chemical and isotopic tracers indicating groundwater/surface-water interaction within a boreal lake catchment in Finland. *Hydrogeology Journal* 23: 687–705. DOI 10.1007/s10040-015-1234-5.
- Roche K.R., Blois G., Best J.L., Christensen K.T., Aube-neau A.F., Packman A.I., 2018. Turbulence links momentum and solute exchange in coarse-grained streambeds. *Water Resources Research* 54: 3225–3242. DOI 10.1029/2017WR021992.
- Rudnick S., Lewandowski J., Nützmann G., 2015. Investigating groundwater-lake interactions by hydraulic heads and a water balance. *Ground Water* 53: 227–237. DOI 10.1111/gwat.12208.
- Santos Correa W., Yoshinaga Pereira S., Bernardes Ayer J.E., Brum Pereira P.R., 2022. Hydrogeochemical evaluation of groundwater and surface water interactions in an alluvial plain, Southeast Brazil. *Land Degradation and Development* 33: 2911–2931. DOI 10.1002/ldr.4364.
- Schulz S., Darehshouri S., Hassanzadeh E., Tajrishy M., Schüth C., 2020. Climate change or irrigated agriculture – What drives the water level decline of Lake Urmia. *Scientific Reports* 10:236. DOI 10.1038/s41598-019-57150-y.
- Smith J., 2005. Groundwater-surface water interactions in the hyporheic zone. Science Report SC030155/SR1. Environment Agency, Bristol.
- Smith A.J., Townley L.R., 2002. Influence of regional setting on the interaction between shallow lakes and aquifers. *Water Resources Research* 38(9): 1171. DOI 10.1029/2001WR000781.
- Sojka M., Choinski A., Ptak M., Kanecka-Geszke E., Zhu S., Strzelinski P., 2022. Detection of lake shoreline active zones and water volume changes using digital lake bottom

- model and water level fluctuations. *Geocarto International* 37: 13711–13733. DOI 10.1080/10106049.2022.2082553.
- Song J., Jiang W., Xu S., Zhang G., Wang L., Wen M., Zhang B., Wang Y., Long Y., 2016. Heterogeneity of hydraulic conductivity and Darcian flux in the submerged streambed and adjacent exposed stream bank of the Beiluo River, northwest China. *Hydrogeology Journal* 24: 2049–2062. DOI 10.1007/s10040-016-1449-0.
- Soria J., Apostolova N., 2022. Decrease in the water level of Lake Prespa (North Macedonia) studied by remote sensing methodology: Relation with hydrology and agriculture. *Hydrology* 9(6):99. DOI 10.3390/hydrology9060099.
- Swanson T.E., Bayani Cardenas M., 2010. Diel heat transport within the hyporheic zone of a pool–riffle–pool sequence of a losing stream and evaluation of models for fluid flux estimation using heat. *Limnology and Oceanography* 55(4): 1741–1754. DOI 10.4319/lo.2010.55.4.1741.
- Timoney K.P., 2024. Climate change has driven multidecadal declines in lake levels in central Alberta, Canada. *Lake and Reservoir Management* 40: 205–220. DOI 10.1080/10402381.2024.2323483.
- Tonina D., Buffington J.M., 2007. Hyporheic exchange in gravel bed rivers with pool-riffle morphology: Laboratory experiments and three-dimensional modeling. *Water Resources Research* 43: 01421. DOI 10.1029/2005WR004328.
- Townley L.R., Trefry M.G., 2000. Surface water–groundwater interaction near shallow circular lakes: Flow geometry in three dimensions. *Water Resources Research* 36: 935–948. DOI 10.1029/1999WR900304.
- Winter T.C., 1999. Relation of streams, lakes, and wetlands to groundwater flow systems. *Hydrogeology Journal* 7: 28–45. DOI 10.1007/s100400050178.
- Woolway R.I., Kraemer B.M., Lenters J.D., Merchant C.J., O'Reilly C.M., Sharma S., 2020. Global lake responses to climate change. *Nature Reviews Earth and Environment* 1: 388–403. DOI 10.1038/s43017-020-0067-5.
- Wrzesiński D., Ptak M., 2016. Water level changes in Polish lakes during 1976–2010. *Journal of Geographical Sciences* 26: 83–101. DOI 10.1007/s11442-016-1256-5.
- Wu H., Wang S., Wu T., Yao B., Ni Z., 2021. Assessing the influence of compounding factors to the water level variation of Erhai Lake. *Water* 13(1): 29. DOI 10.3390/w13010029.
- Yao F., Livneh B., Rajagopalan B., Wang J., Créteaux J., Wada Y., Berge-Nguyen M., 2023. Satellites reveal widespread decline in global lake water storage. *Science* 380: 743–749. DOI 10.1126/science.abo2812.