THE SOCIOLOGICAL ANALYSIS OF SENSORY KNOWLEDGE: ITS UNDERSTANDING, CONSTRUCTION AND ACQUISITION

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ABSTRACT: The aim of this article, based on the literature review, is to explore the senses within the context of knowledge. The article begins with a description of embodied (i.e., also sensory) knowledge’s marginalisation within the social sciences and the reasons for this. After indicating the most popular fields of research, the article explores three main understandings of sensory knowledge: (1) senses as a source of knowledge, (2) senses as acquired skills and (3) sensory knowledge as a result of (collective) activity. In the next part, sensory knowledge is discussed as tacit knowledge, taking into account the problem of its verbalisation and the nature of its acquisition. The last part explores the social construction of sensory knowledge and its relation to subjective experiences, referring to the concepts of intersubjectivity, objectification and legitimisation.

KEYWORDS: senses, sensory knowledge, tacit knowledge, skills, objectification, social constructionism

At the end of the 20th century and the beginning of the 21st century, several turns occurred in the social sciences. One of them, the focus of this article, was the “sensory turn” (Howes 2006; Lahne 2018), which is marked by the questioning of optocentrism, accompanied by a growing interest in the other senses and an increasing number of studies and publications in this area. The sensory turn should be perceived within a wider context of changes within the social sciences, indicated by, among others, a high level of interest in the body (embodiment), emotions and space. There is no doubt that embodiment has a sensual nature as, due to the body, one can hear, touch and smell. Moreover, the perception of the environment and everyday spaces (e.g., home, shops, restaurants) has a multi-sensual nature that has been already noted by Edward T. Hall (1966). The author emphasized that our spatial experience is multisensory and
The aim of this article is to explore the senses within the context of knowledge. As noted by Maslen (2015), “the senses can be examined in terms of their contexts, acquisition processes, and applications, like any other knowledge source” (p. 52). Therefore, it is possible to speak about sensory knowledge, i.e., knowledge based on sensual experiences. The article is based on the literature review, which has highlighted the main fields of research, the main meanings of sensory knowledge that have been used so far and the process of sensory knowledge construction.

The article begins with a description of embodied (sensory) knowledge’s marginalisation within the social sciences and the reasons for this. Then, the most popular areas of research are indicated. The following part provides the three meanings of sensory knowledge: (1) senses as a source of knowledge, (2) senses as acquired skills and (3) sensory knowledge as a result of (collective) activity. Next, sensory knowledge is presented as tacit knowledge, and, in the last part, the issues of sensory knowledge’s intersubjectivity, objectivation and legitimisation are discussed. At the end of the article, a significant number of references are listed, which should be helpful for readers who are interested in developing their understanding of the analysed concept.

MARGINALISATION OF EMBODIED KNOWLEDGE

Sensory knowledge can be perceived as a part of embodied knowledge. Ethnographer Steven Feld (1996) stated that the ways of sensing and hearing the world are “internalized as bodily knowledge, part of the everyday ‘body hexis’ (Bourdieu 1977: 8), naturalized regime of ‘body techniques’” (Mauss 1935: 100, cited after Rice 2010). Embodied knowledge can be understood as knowledge acquired through the body, the embodiment of particular skills that are learned due to practice, experience, observation and imitation. For a long time, this kind of knowledge has remained on the margins of sociological considerations and research, although knowledge itself has been an important topic in sociology. To a large extent, embodied knowledge has a tacit nature (Polanyi 1966), which could be one of the reasons for its omission.

The social sciences have been dominated by a paradigm of social constructionism (Berger and Luckmann 1966). Constructivists assume that phenomena and objects do not exist until they appear in culture and manifest themselves through cultural products, including, above all, language. In this paradigm, knowledge is also a social construct, and the main role in its production and transmission is performed by acts of communication. Language itself is an object of transmission, but it is also a tool used to convey information about the reality around us (Schütz 1932; Luckmann 1975; Knoblauch 2011). The status of nonverbal knowledge can be also influenced by the significance attributed to discourse, which is perceived as a basic tool for creating reality and a tool of power (e.g., the notion of knowledge-power proposed by Foucault 1975, 1976). The concepts related to the transmission and reproduction of knowledge often refer to its discursive dimension, which can be illustrated by the theory of reproducition in education (Bourdieu and Passeron 1970) and the theory of language codes proposed by Basil Berstein (1990).

In the last decade, one can observe, mainly in German social science, a communicative turn in the sociology of knowledge (Keller, Knoblauch, and Reichertz 2013), i.e., that “it started to focus on the forms, genres and patterns of communication in which knowledge is objectified, transmitted and appropriated” (Knoblauch, Jacobs, and Tuma 2014). This turn seems to emphasise the role of language and marginalise the role of the body in knowledge transmission. Indeed, initially, embodiment was neglected in the considerations of communication acts, as illustrated in Berger and Luckmann (1966), Habermans (1991) and (Knoblauch 2013). However, in the current analysis, the embodied character of communicative action has been taken into account. It is assumed that a communicative action not only has a verbal nature but also is incorporated and performed in a particular space and time; moreover, the performed action and its reception is related to the different senses (Knoblauch 2011, 2015; Knoblauch, Jacobs, and Tuma 2014).

Therefore, the role of the body has been included in the analysis of knowledge transmission to some extent; however, very few publications focus on it (Jakubowska 2017). It is even more difficult to find research on the role of the senses carried out in the field of sociology of knowledge. However, as noted at the beginning of the article, scientific interest in the senses is growing, also in the context of knowledge, which can be observed mainly in anthropology and, to a lesser extent, in sociology. Nonetheless, it seems that the worlds of the anthropology/sociology of the senses and the sociology of knowledge remain separated, although sensory studies could provide new insight into the sociological analysis of knowledge. The following parts, based on the literature review, will present the main fields of sensory knowledge research and the main understanding of sensory knowledge.

THE FIELDS OF SENSORY KNOWLEDGE RESEARCH

The literature review has indicated the main fields in which the senses are analysed within the context of knowledge. It is worth noting that, although a significant number of authors (Serres 1985; Rodaway 1997; Howes 1991, 2005) emphasis the meaning of multi-sensual analysis, the vast majority of publications are focused on one sense only. Taking into account the long tradition of visual studies and a large number of publications within this area, the focus in this article is on studies related to the other senses.

The first sense considered is taste. One of the main topics related to this sense is knowledge about the taste of wine (Teil 2001; Bach 2004; Hennion and Teil 2004; Parr et al. 2010). In 2012, the issue of Rivista di Estetica was devoted to this topic, and one of the contributors was Steven Shapin, the author of several publications on the taste of wine (1996; 2004). Shapin and Schöffer (1996) focus on the social processes of codification and translation of sensory experiences into language and vice versa. The process of “taste making” is not only a process of codification and translation but also a process of social interaction and communication.

A description of the reasons for embodied knowledge’s marginalisation has a superficial nature because this article does not aim to precisely analyse particular cognitive models or theoretical approaches. It is only a starting point for further considerations on sensory knowledge.
of wine (e.g., Shapin 2012, 2016) Another interesting article titled “Knowledge, Wine, and ‘Taste: What good is knowledge (in enjoying wine)?’” was provided by Kent Bach a few years earlier (2004). Besides wine, knowledge about the taste of coffee has also been an analysed topic, although much rarer than wine. The chapter “Phenomenology of Coffee Tasting: Lessons in Practical Objectivity” from Kenneth Liberman’s book (2015) is a good example. The taste of food (not beverages) has been nearly omitted in the analysis of sensory knowledge, with the exception of the articles written about French cheeses (Teil 1996; Rétiveau, Chambers, and Esteve 2005).

The second sense which has been widely analysed in the context of knowledge is hearing. The recently published book, Sonic Skills. Listening for Knowledge in Science, Medicine and Engineering (1920s–Present), by Karin Bijsterveld, provides not only a discussion on sonic skills but also a significant number of references on this topic. Hearing as a source of knowledge has been analysed with reference to the medical field, specifically in relation to the stethoscope (e.g., Rice and Coltart 2006; Rice 2015; Gardner and Williams 2015; Maslen 2016), but also with reference to sound engineers’ (Porcello 2004) and car mechanics’ work (Krebs 2014).

The publications on the sense of smell seem to be fewer and concern mainly perfumes and cooking (Teil 1998, Latour 2004, Wathelet 2013). Finally, although one can observe a growing interest in the sense of touch in the social sciences (Montagu 1986; Classen 2005; Paterson 2007), it is rarely analysed as a source of knowledge. If it appears in this context, it is focused on medical diagnosis (e.g., Harris 2016).

Although, as mentioned above, the vast majority of publications are focused on one sense, there are also examples of articles based on a study of two interrelated senses in one activity — for example, touch and hearing in medicine (Harris 2016) or taste and smell in the wine industry (Parr et al. 2010). However, one can presume that the focus on isolated senses in research results more from empirical reasoning or the authors’ scientific interests than the possibility of separating the senses in everyday practices.

The publications on sensory knowledge are concerned with several topics, regardless of which sense is their focus. The first topic is the role of the senses in diagnosis, in which sensory knowledge is analysed mainly in the medical context, but also with reference to other professions. In this context, the role of hearing and touching seems to be particularly important. The second topic is expert knowledge, which is obviously related to the previous one (only an expert can make a correct diagnosis); however, in this context, the attention is given mainly to such issues as the “intersubjectivity,” “objectivity” or “standardisation” of taste, that is, how subjective and personal taste becomes recognisable knowledge. The third topic, also partially related to the first one, is the focus on the learning process — in other words, how a novice learns to hear, see or touch supported by an expert in a field. Unfortunately, a significant number of these publications have only a theoretical character and are based on a limited number of concepts. Finally, one can distinguish the autoethnographies, in which the authors analyse their own sensory experiences.
Senses as Acquired Skills

The second understanding of the senses within the context of knowledge is their perception as acquired skills (more rarely, as competencies or abilities). Skills perceived in terms of knowledge are usually described as having a few particular features. First, they are learnt. Even if skills have, to some extent, a biological basis, they are developed through the process of learning. Second, the skills are related to achievements and goals. Third, skills development requires practice, which is the only way to become more proficient in them; however, practice alone cannot guarantee success. Fourth, bodily skills are not completely separate from intellectual and cognitive skills. Finally, one can talk about the history of a skill’s life and its development over time; as a consequence, it is quite easy to distinguish a novice from an expert (Jakubowska 2017).

This perception of senses suggests that, although the vast majority of people can use all the senses in everyday life, their use can be developed to enable a person to hear, smell or see something that is unnoticed by a layperson. As noted by Carpenter (1975), “any sensory experience is partly skill and any skill can be cultivated” (p. 20). Olivier Wathelet, in his article, “Apprendre à voir” (Learn to see) (2012), described the process of skills learning using the example of seeing. As the author stated, one can learn to see and, as a consequence, transform vision into skilled vision and/or achieve virtuosity of vision. In this context, the term “vis-ability” is also relevant, as used by Schindler (2009: 135) to speak about the ability to analyse video recordings of the process of knowledge transmission during judo training sessions. A person who has experience in practising and/or learning this sport is able to see more than a person who is unfamiliar with it. The same ability can apply to the other senses as well.

Sensory skills allow a person not only to register a sound, a taste or a smell that is unrecognised by others, i.e., to notice hard-to-detect features, but also to distinguish similar qualities and discriminate more and more subtle differences. Some authors (e.g., Sutton 2006), in describing the different skills that are learnt, make reference to the concept of “education of attention” proposed by Ingold (2000). These learned skills have been analysed in the example of wine and perfumes (Teil 1998; Latour 2004; Bach 2004).

Skills transfer and acquisition are realised through body practices, in and through the body (Marchand 2008). Due to training and experience, skills become incorporated (Leder 1990; Ingold 2000: 5). Considering the acquisition of olfactory skills, Latour (2004) described the body as “learning to be affected” (p. 213), that is, the body is trained to sense and to be sensible. With practice, the senses become incorporated and perceived as embodied skills (e.g., taste as an embodied skill – Perullo 2012). An embodiment of sensory skills is also emphasised by the terms which refer to the experts in particular fields of social life. For example, a “nose” or an “expert nose” is used to describe perfume specialists (Latour 2004), and the terms “expert eye” and “expert ear” appear in the analysis of the work of car mechanics (Krebs 2014).

The sensory skills can be also analysed using Marcel Mauss’ concept of “body techniques” (1973 [1935]), Mauss defined body techniques as “ways in which from society to society men know how to use their bodies” (1973 [1935]: 70). According to Howes (1990), education related to the senses should be perceived as part of a process of body techniques transmission; therefore, it is possible to speak about “sensory techniques” or “perceptual techniques.” This approach was used, for example, by Jonathan Sterne (2003, cited after Bijsterveld 2019), who wrote on the “audible technique.”

The researchers are unanimous that the acquisition of sensory knowledge (skills) can be made only in practice, through a long training conducted by an expert (Ingold 2000; Harris and van Drie 2015; Bijsterveld 2019). This has been already noted by Michael Polanyi, the author of the concept of tacit knowledge:

Connoisseurship, like skill, can be communicated only by example, not by percept. To become an expert wine-taster, to acquire a knowledge of innumerable different blends of tea or to be trained as a medical diagnostician, you must go through along course of experience under the guidance of a master. (Polanyi 1958: 56)

Sensory Knowledge as a Result of (Collective) Activity

The third, less common perception of sensory knowledge refers to the process through which knowledge is acquired and constructed in the performance of activities. This approach has a lot in common with the perception of knowledge as communicative action, which was mentioned in the first part of the article. It also partly relates to understanding the senses as embodied skills, the acquisition of which requires practice, i.e., engaging in the same activities over a long time.

Gardner and Williams (2015), in their research on medical diagnosis, used the expressions “embodied sensing and acting” and “sensing and acting habits” to describe the physicians’ bodies and their knowledge. This knowledge is acquired by activities but is also expressed by them; moreover, the senses play a significant role in these activities. Therefore, it is possible to analyse medical knowledge by the analysis of embodied actions and/or habits, which have a sensory nature.

What is specific in this approach is its focus on collective knowledge. The creation of knowledge by collective practices has been presented mainly within the context of taste. As noted by Hennion (2005):

Taste as an activity is accomplished through a collective which provides a frame, the relevance of the effort, and which guarantees results, accompanies, guides, puts into words. (p. 135)

The collective process of sensory knowledge creation takes place, for example, during the culinary contests of wine or coffee, which have been analysed (Teil and Hennion 2004; Shapin 2012; Liberman 2013). Although everyone can have a different taste and perceive a particular drink in a different, subjective way, there is also a process during which the notes have to be assigned and the best taste has to be chosen. This process usually has a collective character (e.g., when the experts in a field engage in discussions towards making a common decision) and is related to sensory knowledge objectification, which will be discussed later.
SENSORY KNOWLEDGE AS TACIT KNOWLEDGE

Although sensory feelings play an important role in the different areas of everyday life, their verbalisation remains a challenge, both for the person who wants to express these feelings and for the researchers who are interested in studying sensual feelings and experiences. In this regard, one can say that sensory knowledge remains, at least to some extent, tacit (Polanyi 1966).

The concept of tacit knowledge was introduced by Michael Polanyi, who stated that “we can know more than we can tell” (1966: 4). According to the author, one has the ability to perform a practical task, e.g., ride a bike or hammer a nail, but, at the same time, has difficulty in precisely defining and verbalising this “know how.” Neil Gascoigne and Tim Thornton (2013) discussed Polanyi’s statement that “tacit knowledge is untellable” and claimed that tacit knowledge can be expressed verbally; however, it will be understood only in a particular situation or context.

Tacit knowledge is seen as practical knowledge related to skills and abilities which are developed through exercises and practice. Harry Collins (2010) delineated three kinds of tacit knowledge: (1) relational, (2) somatic and (3) collective. Relational tacit knowledge can be made explicit to the largest extent; however, it remains tacit in certain situations, such as when a group of experts do not want to share specialist knowledge. Somatic tacit knowledge can be understood in terms of Polanyi’s concept. Collective tacit knowledge is related to the social community and “the way society is constituted” (Collins 2010, p. 85), and it is acquired via the interactions in the framework of a particular community.

The concept of tacit knowledge has been emphasised by a number of authors (e.g., Harris and van Drie 2015; Bijsterveld 2019). Two aspects seem to be pivotal here: the way of acquiring sensory knowledge and the problem of verbalising this knowledge. Sensory knowledge is transmitted in practice, within an apprentice-ship context, due to the interactions between an expert (a master) and a novice. At the same time, this process of professional development can be seen as collective tacit knowledge, as distinguished by Collins (2010). On the one hand, it is based on the interactions, while, on the other hand, it obliges the novice to adapt to the existing knowledge within a particular community. For example, a person who has learnt cooking alone at home, but starts to cook in a restaurant, could be obliged to learn different ways of cooking which are the norms of this particular setting.

The second feature of sensory knowledge perceived as tacit knowledge is the problem of its articulation or verbalisation, which has been raised by several authors (e.g., Teil 1998; Bach 2004). It seems relatively easy to tell someone about what one has seen in order to be understood by the other person. On the other hand, it is much more difficult to describe smells, sounds or tactile sensations. In particular, tactile or taste experiences, contrary to visual experiences, seem to be more subjective. Geneviève Teil (1998), in her writings about smell, emphasised that smelling is an individualised experience, based largely on individual and collective memory and physiology. Acous-

2 For different re/interpretations of Polanyi’s concept see: reference to the article’s author.

SENSORY PERCEPTION: FROM SUBJECTIVITY TO OBJECTIFICATION

The verbalisation of sensory knowledge is considered not only in relation to tacit knowledge but also in the context of knowledge objectification. Language, as the main tool of communicative objectification (Schutz 1974 [1952]; Habermas 1981), allows the transforming of subjective sensual experiences and meanings into “objective” knowledge. However, as noted by Knoublach (2013), not only language but also things, such as the flavour of wine or the tactile perceptions of a deaf and blind person, can be considered as objectification. From this perspective, sensory knowledge is a part of socially constructed knowledge and reality (Berger and Luckmann 1966).

This has been emphasised by Kenneth Liberman (2015), who, in his writing about coffee tasting, distinguished two kinds of objectivity:

The first is the real objectivity that is the actually existing taste of some coffee; this is the objectivity that always has some subjectivity attached to it. There is another sense of objectivity that is a socially constituted objectivity, more abstract and less immanent, and which seeks to remove all traces of subjective experience. This objectivity doesn’t just happen—it is socially constructed and therefore is an artefact. (p. 222)

The main terms used to speak about this process are objectification, mentioned above, and intersubjectivity, the understanding of which is provided, for example, by Steven Shapin (2012), in his article on the taste of wine. According to the author, intersubjectivity can be understood as:

The ability of a group of people reliably to assign the same word to the same private olfactory or gustatory experience, and, therefore, to agree that they share subjective states. (p. 82)

It seems that both terms, objectification and intersubjectivity, are used as synonyms by the authors writing on the senses and knowledge. Both notions emphasise
the collective nature of the practice, the attempt to eliminate individual subjective experiences and the crucial role of language.

Shapin (2012) indicated two main ways of making sensory knowledge objective. The first is "the vast expansion of putatively referential descriptors (peach skin, wet stones, fig paste)" (p. 75). The second is based on quantitative systems of evaluation. Using the first method, people refer to the taste, smell or sound that they have already known, and they also reach out to metaphors and/or onomatopoeia (Bijsterveld 2019). In the case of sound, the same linguistic tools have been also observed in the acquisition of sports skills (Jakubowska 2017). This practice partially results, as one can suppose, from the tacit nature of sensory knowledge. It is difficult to precisely explain gustatory, olfactory or tactile feelings; therefore, different linguistic tools are helpful to express these experiences and construct common knowledge.

The second method, quantitative evaluation, is used by professionals and experts, mainly in gastronomy, e.g., in the case of wine, coffee and restaurants (Shapin 2012; Liberman 2015) The different types of wine evaluations and their history can be found in Shapin’s article (2012). Quantitative evaluation is based on numerical scores or stars, which are used, for example, in the case of restaurant reviews, and the author called this process "scoring subjectivity."

Maybard Amerine (1983 [1976]) proposed the term "the sensory evaluation of wines" as distinguished from "the sensory enjoyment of wines." During the latter practice, shared by wine enthusiasts, subjective experiences (may) play an important role in sensory evaluation, and subjectivity should be disciplined or eliminated (Shapin 2012: 78). It is also worth mentioning the distinction between the descriptive and normative nature of wine, identified by Nicola Perullo (2012). As the author explained, "the first approach describes things as they are, the second as they should be" (p. 7).

There are a number of similarities between the sensory evaluations of wine and coffee. In describing the coffee market, Kenneth Liberman (2013) stated that there is no doubt that drinking coffee is a subjective experience; however, also objective knowledge, including standard terminologies, on "the perfect cup of coffee" have been created to satisfy clients and consumers.

In addition, both in the process of sensory skills acquisition and sensory evaluation, different tools are used. For example, there are perfume (odour) kits (Latour 2004) and the "wine aroma wheel" (Todd 2012; Shapin 2016). Their aim is to allow a person to name their own sensual experiences by using already existing terminology and to communicate with others; that is, they simplify the objectification of sensory knowledge.

Although the analysis of sensory knowledge objectification is mainly focused on taste and smell, the same process can be observed with reference to the other senses. For example, listening to music at home or during a concert can be perceived as "sensory enjoyment." However, during music contests, such as for piano or violin, the sound becomes an object of sensory evaluation. Touch also can be an enjoyment (e.g., a massage given by a partner or by a specialist), but in physiotherapy, it will be evaluated in terms of its technical value.

Therefore, on the one hand, one can talk about the perception of senses and, on the other hand, about the judgement of senses. In the first approach, sense can, but does not have to be, considered in the context of knowledge. One can enjoy wine or coffee without having knowledge of what should be the taste of a particular type of wine or coffee. However, due to experience in tasing, one can become familiar with these products and their features and thereby gain more knowledge of them. The judgement of senses is perceived in a different way. Its aim is to create objective knowledge of the senses, in other words, to define what a good taste or appropriate smell is. These judgements are made by experts and professionals in a particular field, who establish “standards,” which are later adopted by laypersons as objective knowledge. Individual experiences and judgements are not made in a “social vacuum,” as noted by Perullo (2012), who stated, “[…] taste as knowledge is based on pre-existing social and inter-subjective codes that constitute the context in which we operate” (p. 18). The learning process, at least in the beginning, requires the acceptance of some suggestions and recommendations provided by experts, perceiving them as authorities whose knowledge is reliable.

The issue of the reliability of knowledge is particularly important in the areas of social life, where the role of the senses is crucial in decision-making that influences our health and even our life. For example, medical diagnosis and treatment based on the senses should be indicated. Although, as mentioned earlier, the human senses are, to a large extent, being supported or replaced by technologies, their meaning in medicine still remains crucial. The physicians listen to the heart beating or the lungs breathing, touch a stomach, look at the results of ultrasonography, and so on. Using the senses as a source of knowledge in this way, they make decisions as to a patient’s treatment. Therefore, one can observe here professional jurisdiction about sensory knowledge (Bijsterveld 2019) and, at the same time, the legitimacy of the senses as (a source of) knowledge.

CONCLUSION

This article aimed to explore the sociological (and anthropological) analysis of senses within the context of knowledge. Due to limited space, the article could only indicate the main issues related to sensory knowledge that have appeared in the conducted literature review. There is no doubt that these issues can and should be developed much further. Therefore, the article should be treated as a short review of what has been done so far and a starting point for further exploration.

The division of sociology into multiple subdisciplines has led to a situation where scientific knowledge remains limited to the particular fields and does not exceed their boundaries. Meanwhile, the sensory studies can provide new and interesting insight into the sociological analysis of knowledge. The focus on different senses and embodiment can challenge, at least to some extent, the domination of verbocentrism and ocularcentrism and will be important in taking into account the multi-sensual nature of human experience.

Considering sensory knowledge as tacit knowledge, it should also be noted that deriving the appropriate methodology for this type of research still remains a challenge.
for sociologists and other researchers in the social sciences. Nevertheless, it is important to take up the challenge of delineating the meaning and significance of sensory knowledge in everyday life. This will require the further development of the social sciences and the collaboration between the different subdisciplines.

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